

## Training Course Report

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The contents of the training event record you selected are displayed below:

**SHORT TITLE:** *PRE-RETIREMENT PLANNING FOR CSRS AND CSRS OFF-SET (2ND AMENDMENT-TRAINING SITE CHANGED FROM CPF HICKAM AFB)*

**LONG TITLE:** PRE-RETIREMENT PLANNING FOR CSRS AND CSRS OFFSET

**LOCATION:** Federal Fire Department HQ, Pearl Harbor, HI

**REGION:** PACIFIC

**DATE START:** 11/18/2008

**DATE END:** 11/18/2008

**TIME START:** 7:30:00 AM      **TIME END:** 3:30:00 PM

**NOMINATION DEADLINE:** 10/21/2008

**COST:** \$110.00

**COURSE DESCRIPTION:**

Don't wait until your last day on the job before planning your retirement. This program is for Federal employees within ten years of retirement eligibility. Please bring your recent SF 50, Leave and Earning Statement, Social Security or other retirement statement to assist with your specific questions. Topics covered include:

- Explanation of the CSRS Retirement Systems • Death Benefits
- Creditable Service; i.e., military, deposit and redeposit • COLAs
- Retirement Options and Eligibility • Health and Life Insurance
- Computing Annuities • Medicare and Social Security
- Selecting a Retirement Date • Thrift Savings Plan
- High-3 Average Salary • Federal Long Term Care
- Survivor Benefit Elections
- Voluntary contributions

**ELIGIBILITY:** All Federal employees covered under CSRS who are within 5 years of retirement, to include early-out eligibles. Spouses are invited to attend at no additional charge.

**ACTION:**

To register, FAX or mail a copy of the approved and properly executed SF-182 to the Human Resources Service Center, Pacific, REGISTRAR, Training Department, Code 30, 178 Main Street, Bldg. 499, Honolulu, HI 96818-4048 by the nomination deadline. **Confirmation letters will be sent by e-mail. Please provide Point of Contact's name, phone number and e-mail address.** (Insert in SF-182, Section B, Block 18)

**VENDOR:**

Federal Benefits Services, LLC, 5565 Fishers Ferry Road, Gold Hill, OR 97525 (Insert in SF-182, Section B, Block 1a)

**TRAINING SITE:** Federal Fire Department HQ, 650 Center Drive, Bldg. 284, Ekahi Room, Pearl Harbor, HI 96860-4100 (*Insert in SF-182, Section B, Block 1b*)

**CLICK HERE for directions and Map for Federal Fire Department**

**COST:** Cost is at \$110, however, \$95 discounted rate will be applied if credit card information is provided to the vendor at the Website Federal Benefits Services **CLICK** on the **"Payment Center"** Tab and provide information by COB **21 October 2008**.

**PAYMENT METHOD:**

DOD activities are required to use the government purchase card to pay the vendor. The cardholder is responsible for providing the necessary credit card information to the vendor. DOD activities are to include in Section C, Block 6 of the SF-182 the statement **"Payment by government purchase card," the cardholders name, card number, expiration date, and phone number of the cardholder**. Credit card issues should be discussed with the vendor at (541) 944-9494. A non-DOD organization/agency, in accordance with agency policy and procedures, may pay by credit card or by another arrangement as discussed with the vendor. If by credit card, the cardholder must include the same cardholder information. (*Insert in SF-182, Section C, Block 6*)

**CANCELLATIONS WITHOUT FULL CHARGE TO THE NOMINATING ORGANIZATION WILL BE ACCEPTED ONLY UP 30 DAYS BEFORE THE COURSE START DATE.**

**FOR FURTHER INFORMATION:**

HRSC PACIFIC Training Department  
Telephone: (808) 474-0025, FAX (808) 471-8452  
REGISTRAR: Charlene Murata, Ext.307  
Course Manager: Jo Barrientos, Ext. 302

**SPONSOR:** Federal Executive Board (FEB) & Hawaii Joint Training Board (HJTb)

**SAID:** 87000(*Insert in SF-182, Section B, Block 19*)

**CLICK HERE for more information concerning nomination, selection/nonselection, and payment procedures.**